



# SAMHSA TAP 21 Competencies Crosswalk

SAMHSA TAP 21		R1 Content														Forthcoming Topics							
Chapter	Competency	Current Catalog														Forthcoming Topics							
		Stages of Change	Recovery Capital	Phases of Addiction	Healthy Boundaries	Defense Mechanisms	Consequences of Addiction	Relapse Triggers	Relapse Warning Signs	Emotions & Feelings	Values	Career Interests	Affirmations	Substance Use Assessment	Cultural Competence	Co-Occurring Disorders	Risk Factors	12 Step Programs	Treatment & Recovery Options	Trauma	Family Support	Maximizing Groups	
Transdisciplinary Foundation I - Understanding Addiction	1 Understand a variety of models and theories of addiction and other problems related to substance use.																						
	2 Recognize the social, political, economic, and cultural context within which addiction and substance abuse exist, including risk and resiliency factors that characterize individuals and groups and their living environments.																						
	3 Describe the behavioral, psychological, physical health, and social effects of psychoactive substances on the person using and significant others																						
	4 Recognize the potential for substance use disorders to mimic a variety of medical and mental health conditions and the potential for medical and mental health conditions to coexist with addiction and substance abuse.																						
Transdisciplinary Foundation II - Treatment Knowledge	5 Describe the philosophies, practices, policies, and outcomes of the most generally accepted and scientifically supported models of treatment, recovery, relapse prevention, and continuing care for addiction and other substance-related problems.																						
	6 Recognize the importance of family, social networks, and community systems in the treatment and recovery process.																						
Transdisciplinary Foundation III - Application to Practice	9 Understand the established diagnostic criteria for substance use disorders, and describe treatment modalities and placement criteria within the continuum of care.																						
	10 Describe a variety of helping strategies for reducing the negative effects of substance use, abuse, and dependence.																						
	11 Tailor helping strategies and treatment modalities to the client's stage of dependence, change, or recovery.																						
	12 Provide treatment services appropriate to the personal and cultural identity and language of the client.																						
Transdisciplinary Foundation IV - Professional Readiness	14 Be familiar with medical and pharmacological resources in the treatment of substance use disorders.																						
	16 Recognize that crisis may indicate an underlying substance use disorder and may be a window of opportunity for change.																						
	18 Understand diverse cultures, and incorporate the relevant needs of culturally diverse groups, as well as people with disabilities, into clinical practice.																						
	19 Understand the importance of self-awareness in one's personal, professional, and cultural life.																						
Practice Dimension I - Clinical Evaluation	20 Understand the addiction professional's obligations to adhere to ethical and behavioral standards of conduct in the helping relationship.																						
	24 Establish rapport, including management of a crisis situation and determination of need for additional professional assistance.																						
	25 Gather data systematically from the client and other available collateral sources, using screening instruments and other methods that are sensitive to age, developmental level, culture, and gender. At a minimum, data should include current and historic substance use; health, mental health, and substance-related treatment histories; mental and functional statuses; and current social, environmental, and/or economic constraints.																						
	26 Screen for psychoactive substance toxicity, intoxication, and withdrawal symptoms; aggression or danger to others; potential for self-inflicted harm or suicide; and co-occurring mental disorders.																						
	27 Assist the client in identifying the effect of substance use on his or her current life problems and the effects of continued harmful use or abuse.																						
	28 Determine the client's readiness for treatment and change as well as the needs of others involved in the current situation.																						
	29 Review the treatment options that are appropriate for the client's needs, characteristics, goals, and financial resources.																						
	30 Apply accepted criteria for diagnosis of substance use disorders in making treatment recommendations.																						
	31 Construct with the client and appropriate others an initial action plan based on client needs, client preferences, and resources available.																						
	33 Select and use a comprehensive assessment process that is sensitive to age, gender, racial and ethnic culture, and disabilities that includes but is not limited to:																						
Practice Dimension II - Treatment Planning	34 Analyze and interpret the data to determine treatment recommendations.																						
	35 Seek appropriate supervision and consultation.																						
	37 Use relevant assessment information to guide the treatment planning process.																						
	38 Explain assessment findings to the client and significant others.																						
	39 Provide the client and significant others with clarification and additional information as needed.																						
	40 Examine treatment options in collaboration with the client and significant others.																						
	41 Consider the readiness of the client and significant others to participate in treatment.																						
	44 Identify appropriate strategies for each treatment goal.																						
Practice Dimension III - Referral	45 Coordinate treatment activities and community resources in a manner consistent with the client's diagnosis and existing placement criteria.																						
	46 Develop with the client a mutually acceptable treatment plan and method for monitoring and evaluating progress. Reassess the treatment plan at regular intervals or when indicated by changing circumstances.																						
	49 Establish and maintain relationships with civic groups, agencies, other professionals, governmental entities, and the community at large to ensure appropriate referrals, identify service gaps, expand community resources, and help address unmet needs.																						
	50 Continuously assess and evaluate referral resources to determine their appropriateness.																						
	51 Differentiate between situations in which it is most appropriate for the client to self-refer to a resource and situations requiring counselor referral.																						
Practice Dimension IV - Service Coordination	52 Arrange referrals to other professionals, agencies, community programs, or appropriate resources to meet the client's needs.																						
	53 Explain in clear and specific language the necessity for and process of referral to increase the likelihood of client understanding and followthrough.																						
	54 Exchange relevant information with the agency or professional to whom the referral is being made in a manner consistent with confidentiality rules and regulations and generally accepted professional standards of care.																						
	56 Initiate collaboration with the referral source.																						
	57 Obtain, review, and interpret all relevant screening, assessment, and initial treatment planning information.																						
	58 Confirm the client's eligibility for admission and continued readiness for treatment and change.																						
	61 Coordinate all treatment activities with services provided to the client by other resources.																						
	62 Summarize the client's personal and cultural background, treatment plan, recovery progress, and problems inhibiting progress to ensure quality of care, gain feedback, and plan changes in the course of treatment.																						
	64 Contribute as part of a multidisciplinary treatment team.																						
	65 Apply confidentiality rules and regulations appropriately.																						
Practice Dimension IV - Service Coordination	66 Demonstrate respect and nonjudgmental attitudes toward clients in all contacts with community professionals and agencies.																						
	67 Maintain ongoing contact with the client and involved significant others to ensure adherence to the treatment plan.																						
	68 Understand and recognize stages of change and other signs of treatment progress.																						
	69 Assess treatment and recovery progress, and, in consultation with the client and significant others, make appropriate changes to the treatment plan to ensure progress toward treatment goals.																						
Practice Dimension IV - Service Coordination	72 Conduct continuing care, relapse prevention, and discharge planning with the client and involved significant others																						
	74 Apply placement, continued stay, and discharge criteria for each modality on the continuum of care.																						
	76 Facilitate the client's engagement in the treatment and recovery process.																						
	77 Work with the client to establish realistic, achievable goals consistent with achieving and maintaining recovery.																						
Practice Dimension IV - Service Coordination	78 Promote client knowledge, skills, and attitudes that contribute to a positive change in substance use behaviors.																						

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Practice Dimension V - Counseling	79	Encourage and reinforce client actions determined to be beneficial in progressing toward treatment goals.																				
	80	Work appropriately with the client to recognize and discourage all behaviors inconsistent with progress toward treatment goals.																				
	81	Recognize how, when, and why to involve the client's significant others in enhancing or supporting the treatment plan.																				
	82	Promote client knowledge, skills, and attitudes consistent with the maintenance of health and prevention of HIV/AIDS, tuberculosis, sexually transmitted diseases, hepatitis C, and other infectious diseases.																				
	83	Facilitate the development of basic and life skills associated with recovery.																				
	84	Adapt counseling strategies to the individual characteristics of the client, including but not limited to disability, gender, sexual orientation, development level, culture, ethnicity, age, and health status.																				
	85	Make constructive therapeutic responses when the client's behavior is inconsistent with stated recovery goals.																				
	86	Apply crisis prevention and management skills.																				
	87	Facilitate the client's identification, selection, and practice of strategies that help sustain the knowledge, skills, and attitudes needed for maintaining treatment progress and preventing relapse.																				
	88	Describe, select, and appropriately use strategies from accepted and culturally appropriate models for group counseling with clients with substance use disorders.																				
	89	Carry out the actions necessary to form a group, including but not limited to determining group type, purpose, size, and leadership; recruiting and selecting members; establishing group goals and clarifying behavioral ground rules for participating; identifying outcomes; and determining criteria and methods for termination or graduation from the group.																				
	90	Facilitate the entry of new members and the transition of exiting members.																				
	91	Facilitate group growth within the established ground rules and movement toward group and individual goals by using methods consistent with group type.																				
	92	Understand the concepts of process and content, and shift the focus of the group when such a shift will help the group move toward its goals.																				
	93	Describe and summarize the client's behavior within the group to document the client's progress and identify needs and issues that may require a modification in the treatment plan.																				
	94	Understand the characteristics and dynamics of families, couples, and significant others affected by substance use. Be familiar with and appropriately use models of diagnosis and intervention for families, couples, and significant others, including extended, kinship, or tribal family structures.																				
	95	Facilitate the engagement of selected members of the family or significant others in the treatment and recovery process.																				
	96	Assist families, couples, and significant others in understanding the interaction between the family system and substance use behaviors.																				
97	Assist families, couples, and significant others in adopting strategies and behaviors that sustain recovery and maintain healthy relationships.																					
98	Provide culturally relevant formal and informal education programs that raise awareness and support substance abuse prevention and the recovery process.																					
Practice Dimension VI - Client, Family, and Community Education	99	Sensitize others to issues of cultural identity, ethnic background, age, and gender in prevention, treatment, and recovery.																				
	100	Describe warning signs, symptoms, and the course of substance use disorders.																				
	101	Describe how substance use disorders affect families and concerned others.																				
	102	Describe the continuum of care and resources available to the family and concerned others.																				
	103	Describe principles and philosophy of prevention, treatment, and recovery.																				
	104	Understand and describe the health and behavior problems related to substance use, including transmission and prevention of HIV/AIDS, tuberculosis, sexually transmitted diseases, hepatitis C, and other infectious diseases.																				
Practice Dimension VIII - Professional and Ethical Responsibilities	105	Teach life skills, including but not limited to stress management, relaxation, communication, assertiveness, and refusal skills.																				
	106	Adhere to established professional codes of ethics that define the professional context within which the counselor works to maintain professional standards and safeguard the client.																				
	107	Recognize the importance of individual differences that influence client behavior, and apply this understanding to clinical practice.																				
R1 Learning	118	Use a range of supervisory options to process personal feelings and concerns about clients.																				
	119	Develop and use strategies to maintain one's physical and mental health.																				
	120																					
	121																					
Updated: July 15, 2021		Available R1 Topics	Stages of Change	R1 Topics Roadmap	Trauma																	
<a href="http://www.R1Learning.com">www.R1Learning.com</a>			Recovery Capital		Cultural Competence																	
+1 (202) 643-7102			Phases of Addiction		Co-Occurring Disorders																	
			Healthy Boundaries		8 Dimensions of Wellness																	
			Defense Mechanisms		Substance Use Disorder																	
			Consequences of Addiction		12 Step Principles																	
			Relapse Triggers		Risk Factors																	
			Relapse Warning Signs		Recovery & Treatment Ops																	
			Emotions & Feelings		Pain Management																	
			Values		Spirituality																	
			Career Interests		Mindfulness Practices																	
			Affirmations		MAT																	
					Health Practices																	
			Fun In Recovery																			
			CBT																			
			12 Step Sayings																			
			Character																			
			Financial Stability																			