

Career Interests

What's in the Deck

Discovery Cards Content Map

Overview Cards

DISCOVERY CARDS

Career Interests
What type of work suits me best?
Uses the Holland RIASEC Model

Quick Start
WHAT'S IN THIS DECK
6 Overview Cards (each color)
4 Activity Cards (black)
6 Definition Cards (with color)
48 Sorting Cards (mostly colored)
6 Occupation Cards (light with color)
70 TOTAL CARDS

Career Interests
What type of work suits me best?
Holland RIASEC Model

Expert
The Holland Model RIASEC Codes and the theory of careers and occupational choice, based on personality types, was developed by American psychologist.

Definition
Career Interests

R1 LEARNING
INCREASE ENGAGEMENT
Gain ongoing learning experiences through self-discovery
SPARK MEANINGFUL CONVERSATIONS
Engage others with your own choice, action, and change
A VARIETY OF TOPICS FOR:
Mental Health
Substance Use
Disaster/Reduction
Life Skills
R1.DISCOVERYCARDS.COM

Activity Cards

Activity 1
INSTRUCTIONS
Determining Your Career Interest Profile
Shuffle the 48 Sorting Cards (these cards are mostly colored). Sort the cards into two piles: 1) activities "I like" to do and 2) activities "I don't like" to do. From the "I like" pile, pick the top 10 cards that you like best. Turn each card over to see which color-coded career interest type corresponds to each card. First and review the RIASEC Model Card and Definition Cards that match your top career interest types. Answer the questions on the back of this card.

Activity 2
INSTRUCTIONS
Enhancing Your Current Job
First complete Activity 1. Now that you know your career interest profile (your primary and secondary RIASEC Codes), let's look at this in the context of your current job or role. Find the top 10 cards that you like to do most and sort them into 3 piles: 1) activities that you get to do to the level you desire; 2) activities that you don't get to do enough of; and 3) activities that you don't get to do at all. Answer the questions on the back of this card.

Activity 3
INSTRUCTIONS
Find and Explore Occupations/ Jobs that Suit You Best
First complete Activity 1. Now that you know your career interest profile (your primary and secondary RIASEC Codes), let's identify occupations and jobs that suit you best. Find the Expert Card and review the information about the RIASEC Codes and O*NET. Go to www.onetonline.org. Using your interest profile and the O*NET search tools, make a list of occupations that match your profile and interest you. Answer the questions on the back of this card.

Career Interests
ME

Definition Cards

Career Interests
REALISTIC
HANDS-ON - DOERS
People with realistic interests value practical things you can see and touch and like practical, hands-on work activities. They like working with plants, animals, and real-world materials such as wood, tools, and machinery. They often enjoy working outside.

Career Interests
INVESTIGATIVE
PROBLEM-SOLVING - THINKERS
People with investigative interests like work that involves ideas and thinking. They like to search for facts and figure out problems. They are drawn to working with ideas and data.

Career Interests
ARTISTIC
CREATIVITY - CREATORS
People with artistic interests like work that deals with the creative side of things, such as acting, music, art, and design. They value self-expression. They like to work with ideas and things.

Career Interests
SOCIAL
COLLABORATION - HELPERS
People with social interests like to do things to help people. They like collaborating, working with, and helping people. They like teaching, advising, and being of service to people.

Career Interests
ENTERPRISING
DECISION-MAKING - PERSUADERS
People with enterprising interests like work that involves starting up and carrying out projects. They like taking action and making decisions. They like persuading and leading people, motivating others, and taking risks. They like to work with people and data.

Career Interests
CONVENTIONAL
STRUCTURE - ORGANIZERS
People with conventional interests like work that follows set procedures and routines. They like structure and order. They like working with data.

Sorting Cards

Career Interests
REALISTIC
HANDS-ON - DOERS

Career Interests
INVESTIGATIVE
PROBLEM-SOLVING - THINKERS

Career Interests
ARTISTIC
CREATIVITY - CREATORS

Career Interests
SOCIAL
COLLABORATION - HELPERS

Career Interests
ENTERPRISING
DECISION-MAKING - PERSUADERS

Career Interests
CONVENTIONAL
STRUCTURE - ORGANIZERS

Occupation Cards

Assemble

Explore

Design

Coach

Motivate

Categorize

Occupations
REALISTIC
HANDS-ON - DOERS

Occupations
INVESTIGATIVE
PROBLEM-SOLVING - THINKERS

Occupations
ARTISTIC
CREATIVITY - CREATORS

Occupations
SOCIAL
COLLABORATION - HELPERS

Occupations
ENTERPRISING
DECISION-MAKING - PERSUADERS

Occupations
CONVENTIONAL
STRUCTURE - ORGANIZERS

What's in the Deck

6 Overview Cards

- Main Color: Box Color
- 1 Topic Description Card
- 1 Quick Start Card
- 1 Model Card
- 1 Expert Card
- 1 Definition Card
- 1 R1 Card

4 Activity Cards

- Main Color: Black
- Activity 1: Determining Your Career Interest Profile
- Activity 2: Enhancing Your Current Job
- Activity 3: Find and Explore Occupations/ Jobs that Suit You Best
- 1 ME Action Card: individuals write in primary learning and action

6 Definition Cards

- Main Color: White with Color
- 1 Realistic (Yellow)
- 1 Investigative (Orange)
- 1 Artistic (Red)
- 1 Social (Purple)
- 1 Enterprising (Blue)
- 1 Conventional (Green)

48 Sorting Cards

- Main Color: Mostly Color
- 8 Realistic (Yellow)
- 8 Investigative (Orange)
- 8 Artistic (Red)
- 8 Social (Purple)
- 8 Enterprising (Blue)
- 8 Conventional (Green)

6 Occupation Cards

- Main Color: Gray with Color
- 1 Realistic (Yellow)
- 1 Investigative (Orange)
- 1 Artistic (Red)
- 1 Social (Purple)
- 1 Enterprising (Blue)
- 1 Conventional (Green)

70 TOTAL CARDS