



## Activity 2: Identify Recovery Capital Gaps

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**Observe:** Complete the pyramid below with up to 10 Sorting Cards you identified in the card activity.

Best  
Describes  
My Gaps

### Questions to Explore

**Evaluate:**

1. As you review your top statements, what resonated most? What surprised you?

2. Are these gaps new for you or areas you've been struggling with for a while?

3. How have they hindered your recovery?

**Evaluate (continued):**

4. Which Recovery Capital dimensions were most, and least, represented in your gaps cards? Does this make sense to you?

**Respond:**

5. What is one action you can practice today to strengthen your recovery further?

6. Who can you ask for help and support?